

Meet Quit Partner™

We're Minnesota's free way to quit smoking, vaping and chewing. Get free medications, quit coaching and more.

Say "hi" and find out more.

1-800-QUIT-NOW (784-8669) QuitPartnerMN.com



Call to quit smoking. Interpreters available. Hu tuaj nrog peb tham. Peb muaj neeg txhais lus Hmoob. Noo soo waco sigaar joojinta. Waxaa laguu hayaa turjubaano. Llame para dejar de fumar. Traductores disponibles.



Free 24/7 support for your quit

Whether you're quitting for the first time or have tried before, we can help you find your way to quit for good. Get free help like:







Patches, gum or lozenges*



Text messaging**



Email support**



Welcome package

Here's another reason to give us a call:

when you try to quit menthols with help from Quit Partner coaches, you may be eligible for gift cards. Just call 1-800-QUIT-NOW to learn more.

